## **PWC Crew Swim Test**

## To complete the swimming certification, the rower must pass two tests:

## 100-meter swim (any stroke)

## 2 minute tread water

Copies of the following swim certifications are accepted:

- · Swim Test Form signed by certified lifeguard or swim instructor
- · BSA Swim Merit Badge-signed White or Blue Card
- · Red Cross Lifeguard Certification Card
- · Swim Team Participation Certificate with coach signature

The following items are not accepted as proof of swim:

- · Swim Team Trophies or Ribbons
- · Swim Team Meet Schedules
- · Swim Test Form signed by parents only

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_